DISASTER PREPAREDNESS















CREATE A FAMILY DISASTER PLAN

Review the information you obtained about local hazards, community plans, warning systems/alerts and evacuation routes.

ESCAPE ROUTES

- → Mark escape routes from each room on a floor plan of your home.
- → Establish a place to meet in the event of an emergency (e.g., a specific neighbor's house or the neighborhood grocery store parking lot).

Evacuating yourself and your family:

A key part of personal preparedness is knowing and practicing the routes from your home that could be used in an emergency.

FAMILY COMMUNICATIONS

- → Your family may not be together when disaster strikes. Plan how you will contact one another in different situations.
- → Identify an out-of-town relative or friend for family members to notify that they are safe. It may be easier to make long-distance calls than to call across town.
- → Complete a contact card for each family member and have them keep these cards handy (e.g., in a wallet, purse, backpack). Include contact names, phone numbers, meeting places and any other important information you see fit. Samples can be found at: www.ready.gov/make-a-plan

UTILITY SHUTOFF AND SAFETY

Contact your utility companies for shutoff requirements (e.g., natural gas, water, electricity), and be sure to record the information.

Call 811 or visit Colorado811.org for the local utility locating service. Please make your request at least three days before you plan to dig.

INTRODUCTION

This guide is based on the most reliable hazard awareness and emergency education information that was available at the time of publication. It is designed to provide a brief overview of disaster information and to supplement guidance from the U.S. Department of Homeland Security (DHS) and Douglas County. This guide also helps you get started with your emergency plans for protecting yourself and your loved ones before, during and after a disaster. To help you explore your interest further, additional sources of information have been included throughout this guide, so keep it handy for quick consultation.

How to use this guide:

This guide is made up of two sections:

Section 1 Preparedness for the Whole Family

Section 2 Preparedness for Specific Disasters and Emergencies

Use the tabs in each section to quickly access the information you need to prepare for the emergencies that may strike in Douglas County, Colorado.

GET INFORMED

HAZARDS

- → Learn about the hazards that may strike your community, the risks you face from these hazards and your community's plans for warning and evacuation. You can obtain this information from the Douglas County Office of Emergency Management or visit: www.dcsheriff.net/ emergencymanagement
- In addition to finding out about your community's plan, it is important that you have a plan for your family and that you know what plans are in place for your workplace and your children's school or day care center.

WARNING SYSTEMS AND ALERTS

- → Many communities now have systems that will send out alerts via phone, text and/or email. Douglas County has an electronic emergency notification system, CodeRED. Sign up today at: www.douglascountycodered.com
- → Follow us on Twitter for up-to-the-minute information: @dcsheriff
- The Emergency Alert System (EAS) can address the entire nation on very short notice in case of a grave threat or national emergency. News Radio 850 KOA, along with all radio and television stations serving Douglas County, participate in the EAS.
- → Weather information is available from multiple sources in Douglas County, including local Denver area TV and radio stations, websites and social media.
- Wireless Emergency Alerts (WEA) are emergency text messages sent by authorized government authorities through your mobile carrier. WEA messages show the type and time of the alert, any action you should take and the agency issuing the alert. For more information, go to: www.ready.gov/alerts

EMERGENCY NOTIFICATION

Know the terms that will be used during an emergency in Douglas

- → Pre-evacuation Notification: A threat/hazard is in your immediate area and may or may not require evacuation. At this time, populations with access and functional needs, companion animals and livestock, or those who need extra time should evacuate. Under this notification, you can return to your home to retrieve your possessions but keep in mind this can change at any time to a Mandatory Evacuation.
- Mandatory Evacuation: Evacuate immediately due to an imminent threat. You will not be allowed back to your home for any reason. This may or may not be preceded by a Preevacuation Notification.
- → Shelter in Place: Lock your doors, close your windows and remain inside.



ITEMS TO STOCKPILE

FOOD

- → Store 3-14 days worth of nonperishable food.
- → Select foods that do not require refrigeration, preparation (including the use of water) or cooking.
- → Avoid salty foods, as they will make you thirsty.
- → Make sure that formula for infants and any child's or older person's special nutritional needs are a part of your
- → Store a manual can opener and eating utensils.

Examples of food/nonperishable items:

- → Ready-to-eat canned meats, → Canned juices fruits and vegetables
- → Protein or fruit bars
- → Dry cereal or granola
- → Peanut butter
- → Dried fruit
- → Nuts
- → Crackers

- → Nonperishable pasteurized milk
- → High-energy foods
- → Vitamins
- → Baby food
- → Comfort/stress foods
- → Pet food



- → Store 3-14 days worth of water: one gallon of water per person per day (two quarts for drinking, two quarts for food preparation/sanitation), in clean plastic containers.
- → Children, nursing mothers and sick people may need more water. Pets need water too!
- → Avoid using containers that will decompose or break, such as milk cartons or glass bottles.

MEDICAL, HEALTH AND EMERGENCY SUPPLIES

- → First aid kit
- → Medications and other medical equipment according to the needs of your family (e.g., contact lenses, glasses, syringes)
- → Flashlight and extra batteries
- → Battery-powered or hand-crank radio
- → Whistle to signal for help
- → Dust mask(s)
- → Garbage bags
- → Wrench, pliers or multi-purpose tool
- → Plastic sheeting and duct tape (to shelter in place)

- → Maps of the area
- → Moist towelettes, hand sanitizer, tissues, toilet paper, sanitary napkins, diapers and other personal hygiene items
- → Emergency blankets or sleeping bags (1 per person)
- Copies of personal documents (medication list, deed/lease, proof of address, passports and birth certificates, insurance policies)
- → Extra cash
- → Extra clothing

INSURANCE AND VITAL RECORDS

- → Annually review existing property, health and life insurance policies, and obtain additional coverage as needed. Do this before storm season - insurance companies may not issue/ change policies during storm season.
- → If you live in a flood-prone area, consider purchasing flood insurance to reduce your risk of loss due to flooding.
- → Document important information about your personal property for insurance purposes. This includes taking photos of high-value items. Consider storing digital copies of photos on a memory drive at a safe off-property location or in cloud-based storage.
- Store important documents, such as insurance policies, deeds and property records, in a safe place, such as a safety deposit box at a bank, in cloud-based storage or on a memory drive provided to a trusted out-of-state contact. Make copies of important documents for your disaster supply kit.
- → Consider saving money in an emergency savings account. Keep a small amount of cash or traveler's checks at home, in a safe place where you can quickly access them in case of evacuation.

SAFETY SKILLS

Make sure that you and your family know how to use a fire extinguisher and how to administer first aid; take CPR and Stop the Bleed classes. For first aid and CPR training opportunities, visit: www.redcross.org/take-a-class

ASSEMBLE A DISASTER SUPPLY KIT

Assemble a disaster supply kit to see you through until help arrives, which could be three days or more. At a minimum, the kit should include essentials such as water, food (don't forget your pet's needs!), a first aid kit, tools, sanitation items, hygiene items, clothing and bedding. For help and advice on building all your disaster supply kits, visit: www.ready.gov/build-a-kit and www.redcross.org/prepare/location/home-family/get-kit

SHELTER

- First, consider the hazard, and then choose a place in your home or other building that is safe from that hazard.
- Sheltering outside the hazard area might include staying with friends and relatives, seeking commercial lodging or staying in a mass care facility operated under the authority of Douglas County, which may be managed by the American Red Cross or another shelter management team.

MASS CARE SHELTERS

STOCKPILE

Mass care shelters may be opened if the situation dictates. You should bring your disaster kits with you to ensure you have what your family needs. These should include entertainment for your family (books, puzzles, etc.). Prepare your family for the realities of living in a communal setting with limited privacy. Keep in mind that alcohol, drugs and weapons are forbidden. The Douglas County Office of Emergency Management establishes a pet shelter co-located or close to the human shelter. Public shelters should be used as a last resort.

For shelter information, download the American Red Cross Shelter Finder app at: www.redcross.org/prepare/mobile-apps



RECOVERING FROM DISASTER

Recovering from a disaster is usually a gradual process. Your first concern after a disaster is your family's health and safety.

HELP THE INJURED

Check for injuries. If needed, administer first aid and CPR. Do not attempt to move seriously injured people unless they are in immediate danger of death or further injury in their current location. If you must move an unconscious person, first stabilize his or her neck and back, then call for help immediately.



HEALTH

- → Be aware of the potential for exhaustion.
- → Do not do too much at once.
- → Set priorities and pace yourself.
- → Rest, drink clean water and eat well.
- → Wear sturdy work boots and gloves.
- → Wash your hands often and thoroughly with soap and clean water when working in and around debris.

SAFETY ISSUES

- → Be aware of new safety issues created by the disaster. Watch for washed-out roads, contaminated buildings, contaminated water, gas leaks, broken glass, damaged electrical wiring and slippery floors.
- → Inform local authorities about health and safety issues, including chemical spills, downed power lines, washed-out roads, smoldering insulation and dead animals.

PEOPLE WITH ACCESS & FUNCTIONAL NEEDS

For the millions of Americans who have disabilities and other access and functional needs (AFN), emergencies present a real challenge.

Individuals having AFNs may include, but are not limited to, individuals with disabilities, seniors and populations with limited English proficiency, limited access to transportation and/or limited access to financial resources to prepare for, respond to and recover from the emergency. No diagnosis or specific evaluation is required for an individual to be considered as having an AFN. The term AFN describes those who may need access to additional resources to function during a disaster or emergency event. This guide contains preparedness resources and information for individuals with AFNs, their caregivers and responders.

Be prepared to adapt this information to your personal circumstances and make every effort to follow instructions received from authorities on scene. Above all, stay calm, be patient and think before you act. With these simple preparations, you can be ready for the unexpected.

DHSEM AFN RESOURCES:

https://dhsem.colorado.gov/emergencymanagement/plans/access-and-functional-needs/ access-and-functional-needs-resources

UC DENVER CENTER FOR INCLUSIVE DESIGN & ENGINEERING:

www.ucdenver.edu/centers/center-for-inclusivedesign-and-engineering/community-engagement/ emergency-preparedness-for-individuals-with-disabilities

If you have questions about preparedness, contact the Douglas County Office of Emergency Management at 303-660-7589. If you are having a life-threatening emergency, dial 911.

RETURNING HUME - GENERAL TIPS

- → Watch out for displaced animals in and around buildings.
- → Use the phone to report life-threatening emergencies only.
- → Stay off the streets. If you must go out, avoid fallen objects and downed electrical wires. Also, beware of damaged walls, bridges, roads and sidewalks.
- → Keep a battery-powered radio with you so you can listen for emergency updates and news reports.
- → Before entering your home, walk carefully around the outside to check for loose power lines, gas leaks and structural damage. If you have any doubts about safety, have your residence inspected by a qualified building inspector or structural engineer before entering.
- Use a battery-powered flashlight to inspect a damaged home and enter only if it has been deemed safe to do so.
- → Do not enter your home if you smell gas, if floodwaters remain around the home or if your home was damaged by fire and the authorities have not declared it safe to enter.
- → Enter your home carefully and check for damage. Beware of loose boards and slippery floors.
- → Check for natural gas leaks; sparks; broken or frayed wires; roof damage; foundation and chimney cracks; basement flooding; household chemical spills; damage to your appliances, water and sewage system; and spoiled or contaminated food and supplies.
- → Always be careful when opening closets and cabinets; objects may fall out of them.
- → Leave immediately if it looks like your home may collapse or if you smell gas or hear a hissing sound.



KNOW THE BASICS

Some of the things you can do to prepare for the unexpected, such as putting together an emergency supply kit, are the same regardless of the type of emergency. However, it is important to be informed about what might happen and know what types of emergencies are likely to affect your area.

Start by learning what kinds of risks your community faces.

- → Do you live near a stream or river?
- → Do you live near the forest or where trees and grasses are not maintained?

If disasters that strike with little or no warning (such as flood or fire) are a risk where you live, you'll want to know exactly what your first response should be. Test your readiness by asking yourself the following basic questions:

- If there were a mandatory evacuation order, what is the recommended route from where you live?
 - → If you don't drive, what are your options?
 - → Have you discussed your options with your caregiver or service provider?
- Where are the shutoff valves for your household utilities (gas, electricity, water)?
 - → Do you know how to use them?
 - → If you need special tools, do you keep them handy?
- In an emergency, local phone service may be down for guite some time.
 - → Have you designated someone out of area as your emergency contact?
- Neighbors helping neighbors can be critical in an emergency.
 - → Do you know your neighbors?
 - → Do they know what special needs you have?

AFN PLANS

AFN.

MAKEAPLAN

The reality of a disaster situation is that you will most likely not have access to everyday conveniences. Think through every detail of your daily routine and plan alternative procedures.

Communications: Make sure you can receive communications, such as alerts, warnings and other information, in your language of choice. Also, make sure you can clearly communicate in your language to be understood.

Maintain health: If you depend on life-sustaining equipment or treatment, such as a dialysis machine or respiratory machine, talk to your medical provider about emergency plans. Identify backups or alternate places for treatment in your area or areas you might evacuate to.

Independence: If you need specific tools or aids, plan how you will cope without them. For example, if you use a mobility aid or rely on a service animal, what will you do if it is not available?

Safety and security: If there are people who assist you daily, list who they are and how you will contact them in an emergency.

Transportation: Think about the types of transportation you use and what alternatives could serve as backups.

Escape routes: In a fire or other emergency, you may need to evacuate on a moment's notice. Be ready to get out fast. Draw a floor plan of your home and mark two escape routes from each room. Contact your fire district to make them aware you are living in their response area.

Sign up for CodeRED, register for the Access and Functional Needs Registry (www.dcsheriff.net) and follow us on Twitter: @dcsheriff

CREATE A PERSONAL SUPPORT NETWORK

If you know that you will need help to cope in an emergency, you must set up a personal support network.

Make a list of family, friends and others who will check on you to make sure you are safe and help you, if needed. Include a relative or friend in another area who would not be affected by the same emergency and who could help.

Do not depend on one person only. Try to work out support relationships with at least three people everywhere you regularly spend a significant amount of time, such as at home and at work.

- Share copies of your evacuation plans (e.g., home or work), relevant emergency documents and emergency health information card.
- Make arrangements for your support network to check on you immediately following a disaster and to offer assistance.
- Exchange important keys.
- Show your support network where you keep your emer-
- Teach your support network how to use any lifesaving equipment or administer medicine.
- Show your support network how to use wheelchairs, oxygen or other medical equipment you require so they could move you or help you evacuate.
- Practice your plan with your support network. Practice contacting one another without relying on telephones.

The relationship should be mutual. Learn about the needs of the people in your support network and how you might help them in an emergency. For example, you could be responsible for food, supplies and preparation.

CONDUCT A SELF-ASSESSMENT

MAKE

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PLAN

AFN PLANS

SUPPORT NETWORK

AFN PLANS

All of us need people we can count on during a crisis. Plan ahead and consider how a disaster may affect your abilities.

- → During an emergency situation, there may be conditions, such as flooding or debris, that make it more difficult than usual to move around the neighborhood.
- → You may need to walk long distances and carry supplies.
- → You may become fatigued, hungry, overheated or cold, which can negatively affect your mobility.

These circumstances can create a need for more support than you require regularly. Evaluate your capabilities and limitations to determine what help you will need, for example:

- → Can you use a fire extinguisher? Have you practiced?
- → Will you be able to carry your own evacuation kit?
 - · What would you need to do in order to carry it?
 - · How much can you carry regularly?
- → How will you evacuate?
- → Be aware of possible hazards and barriers to a clear exit path. Have you secured objects that might block your path if they were to fall (e.g., bookcases)?

Keep copies of your plan in your emergency supply kits. Share your plan with your family, friends, caregivers and anyone in your personal support network.

PETS AND SERVICE ANIMALS

Plan in advance for your pet or service animal. Remember: What's best for you is typically what's best for your animals.

- → If you must evacuate, take your pet with you.
- → Public shelters are obligated by law (Americans with Disabilities Act of 1990) to permit service animals in public shelters, so take them with you.

The Douglas County Office of Emergency Management will establish a pet shelter co-located with or close to the human shelter location during a disaster event. At that time, call 911 for more information and monitor local TV and radio stations for updates.

PERSONAL SUPPORT NETWORK (CONT'D)

Think carefully about who could help you:

- → Does he or she have the physical stamina to provide physical assistance (e.g., lifting, helping with transfers, pushing your wheelchair)?
- → Is it convenient for him or her to help (How many children does he or she have, and how old are they? Is there room in his or her car for one more? Etc.)?
- → If you need accessible transportation, would he or she be available to stay behind with you until assistance arrives?

PLANNING AHEAD

If you have advance warning of an emergency, such as with a winter storm:

- Contact your identified support network and find out if their availability has changed.
- Determine ahead of time who will assist you. If you can, rotate your support people throughout the year so you are not always calling on the same people.
- → Meet with your support network early, so there is no possibility that the storm may arrive and prevent them from getting to you.

BE PROACTIVE

Mark it on your calendar to touch base with your support network once every three months to see if their circumstances or ability to assist you has changed. Be sure to keep them updated with your contact information, including your home, cell and work phone numbers

Make contact:

To register for the Douglas County Access & Functional Needs Registry, visit: www.dcsheriff.net; under "How Do I...," click on "Get Registered" and then click on "Access & Functional Needs Registry." Please contact the Douglas County Office of Emergency Management at 303-660-7589 with questions.

SUPPORT NETWOR

DECIDING TO STAY OR GO

Depending on your circumstances and the nature of the emergency, the first important decision you will make is whether to stay or go.

Understand and plan for both possibilities. In any emergency, Douglas County Sheriff's Office will provide immediate information on what is happening and what you should do via Twitter. Monitor TV or radio news reports for information or official instructions as they become available.

- → If you're specifically told to evacuate, do so immediately.
- → If you require additional travel time or need transportation assistance, make these arrangements in advance. However, if an opportunity arises to evacuate, do so and alert your support team. Under a mandatory evacuation, they will not be allowed in for any reason.

Ultimately, if you feel unsafe, evacuate. Don't wait to be told to do so.

SHELTER IN PLACE

Whether you are at home or somewhere else, there may be situations when it's simply best to stay where you are and avoid any uncertainty outside.

Consider what you can do to safely shelter in place alone or with friends, family or neighbors. Also consider how a public shelter would meet your needs.

Sealing the room:

There could be times when you will need to stay put and create a barrier between yourself and potentially contaminated air outside. You will have to be able to turn off your home's ventilation system and seal doors and windows when instructed to do so by emergency officials.

People with AFN who are largely self-sufficient under normal circumstances may have to rely more on the help of others in a disaster.

Disaster sheltering:

If you have no alternative, disaster shelters may be set up in schools, churches, municipal buildings, etc. If possible, bring clothes and bedding in addition to your disaster supply kit.

- → If needed, plan to have someone in your support network accompany you to the shelter.
- → Remember, shelters do not have special equipment (e.g., oxygen, mobility aids).
- → Service animals are allowed in shelters, and every effort will be made to accommodate pets and companion animals as well as noncommercial livestock at or near the shelter.

TIPS FOR PEOPLE WITH...

Mobility impairments:

If you typically rely on elevators, have a back-up plan in case they are not working. Practice using alternate methods of evacuation.

There will be times when you will have to leave your wheel-chair behind to evacuate safely. If you cannot use stairs, discuss with your doctor and support network the lifting and carrying techniques that will work for you.

Visual impairments:

If you have some vision, place security lights in each room to light paths of travel. These lights plug into wall outlets and light up automatically in a power outage. They will keep working for one to six hours, depending on the type.

After a major disaster, you may lose the auditory clues you usually rely on.

Cognitive/intellectual disabilities:

Practice what to do during and after a disaster. For example, evacuate the places where you spend time, such as home, work and school, until you feel confident that you will know what to do.

WHEN YOU MUST EVACUATE

SHELTER IN PLACE

STAY OR

You might be ordered to leave, or you may decide it would be safest to get away. Plan how you will evacuate and where you will go.

Arrange to stay with friends or family outside the affected area whenever possible. Choose several destinations in different directions so you have options in an emergency.

Ask about evacuation plans at the places where you spend time, including work, school, community centers, etc.

Supplies to keep with you at all times:

You never know when you might have to drop everything and get to safety. Carry the following in a backpack, fanny pack or drawstring bag that can be hung from a wheelchair, scooter, etc.:

- ☐ Emergency health information card
- ☐ Instructions on personal assistance needs and how best to provide them
- ☐ Copies of emergency documents (safeguard these to prevent identity theft)
- ☐ Essential medications/copies of prescriptions
- ☐ Flashlight on key ring
- ☐ Signaling device (e.g., whistle, beeper, bell)
- ☐ Small battery-operated radio and extra batteries

At your service:

Service animals may become confused, panicked, frightened or disoriented during and after a disaster. Keep yours confined or securely leashed or harnessed. Be prepared to use alternative ways to negotiate your environment.



PET OWNERS

If you are like millions of animal owners nationwide, your pet is an important member of your household. The likelihood that you and your pet will survive an emergency, such as a fire, flood or earthquake, depends largely on the emergency planning you do today.

Some things you can do to prepare for an emergency, such as assembling a pet emergency supply kit and developing a pet care buddy system, are the same for any emergency. Whether you decide to stay put in an emergency or evacuate to a safer location, you will need to make plans in advance for your pet. Keep in mind that what's best for you is usually what's best for your animal. Plan for the worst-case scenario.

PREPARE YOUR PETS

Actions to prepare your pets for a disaster include the following:

- → Getting your pet used to sudden actions that may be needed during a disaster.
- → Familiarizing your pet with being transported in his or her crate before a crisis.
- → Training your dog. Obedience may save his or her life during an emergency and help make your dog a welcomed guest.



STAY OR

EMERGENCY SHELTERS

EMERGENCY PLANNING

HAVE A PLAN

- → Create an evacuation plan for you, your family and your pet.
- → Talk to your pet's veterinarian about emergency planning. He or she will likely provide helpful information and trusted resources.

IDENTIFY SHELTER OPTIONS

Before an emergency, identify where you will take your family and pet if you must evacuate your home.

- → Talk to relatives and friends who would be willing to let your family and pet stay with them for a while.
- → Contact hotels and motels outside your immediate area to check policies on accepting pets.
- → Plan transportation for your pet; make sure you have all the equipment you need for safe pet transportation during an evacuation. Flip to the "Pet Supply Kit" tab.
- → Plan with neighbors, friends or relatives to make sure that someone can care for your pet if you are unable to. Tell your buddy where you keep your pet's emergency kit.
- → Prepare a list of places that will shelter your pets during an emergency, such as boarding kennels, grooming shops and veterinary offices. Include 24-hour phone numbers. Animal shelters may be overburdened, so they should be your last resort.
- → Douglas County will provide an emergency pet shelter in conjunction with the general population shelter. Call the Douglas County Office of Emergency Management at 303-660-7589 for more information.

Pet-friendly shelter guidance does not apply to service animals. Service animals should never be separated from their owners, under any circumstance.

PET EMERGENCY PLAN

- → Make sure that your pet is up to date with vaccinations. Pet shelters may require proof of vaccines.
- Take pictures of you with your pet for proof of ownership if you are separated during a disaster.
- Know your pet's hiding places so you can easily find him or her during an emergency.
- → Consider leaving your exotic pet (e.g., reptile, parrot, ferret) with friends or relatives who are safely out of harm's way. Exotic pets usually need specialized care and feeding, and are more sensitive to environmental changes than dogs or cats.
- → Order a free Pet Safety Pack, which includes a window decal to alert rescue workers that a pet is inside your home. Visit: www.aspca.org

BE PREPARED: YOU MAY NOT BE ABLE TO GET HOME TO YOUR PET

- → Identify a trusted relative, friend or neighbor to care for your pet in your absence. This person should have a set of your house keys, be familiar with your home and pet, know your emergency plan and have your contact information.
- → Always keep a collar with identification on cats and dogs.
- → Keep your pet's harness, leash and emergency kit in a place where they can be easily found. Provide muzzles, handling gloves, catch nets and animal restraints where rescue workers can find them.
- → During an emergency, if you or an approved relative, friend or neighbor can't get to your companion animal(s) or your noncommercial backyard livestock to evacuate, dial 303-660-7500.

IDENTIFICATION

- → Dogs and cats should wear a collar or harness, rabies tag and ID tag at all times.
- → ID tags should include your name, address and cell phone number, and the phone number of an emergency contact.
- → Make sure your animal can be easily identified (with a microchip, ID tag, tattoo, ear tag, etc.) so he or she can be reunited with you after the disaster.

Consider pet ID microchips:

A pet ID microchip implant is a tiny device that has an ID number programmed into it. A special scanner found in veterinary offices and animal shelters reads the chip. Once injected with the chip, your pet can be identified throughout his or her life by this one-of-a-kind number.

Enroll your pet in a recovery database:

If your pet is microchipped, keeping your emergency contact information up-to-date and listed with a reliable recovery database is essential to you for reunification with your pet.

EMERGENCY PLANNING



Pet-friendly shelters:

Pet-friendly sheltering is one of the most common ways of providing emergency accommodations for pet owners and their animals.

- → A co-located shelter is an emergency shelter for pets that is located within the same area or facility as a human emergency shelter.
- → These shelters typically allow pet owners to help take care of their own animals.

The presence of pet-friendly shelters can increase the likelihood that pet owners will evacuate to safety with their animals during an emergency.

Flip to the "Pet Evacuation" tab for tips on evacuating with your

IF YOU HAVE NO ALTERNATIVE: LEAVING YOUR PET AT HOME

If you evacuate your home, do not leave your pet behind. Your pet most likely cannot survive on his or her own. If your pet does survive, you might not be able to find him or her when you return.

Leaving your pet at home alone can place your animal in great danger, but if you have no other options, here are some precautions you can take:



- → Confine your pet to a safe area inside. Leave your pet free inside your home with food and plenty of water.
- → NEVER leave your pet tied up outside or let your pet loose.
- → Provide water in a heavy bowl that cannot be tipped over.
- → Remove the toilet tank lid, raise the seat and brace the bathroom door open so he or she has access to water.

LEAVING YOUR PET

PET

PET EMERGENCY PLAN

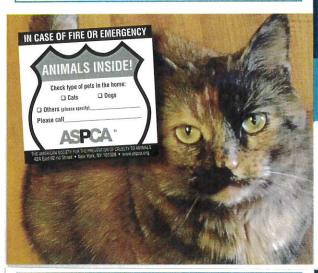
AT HOME

- → Keep exotic animals in separate rooms. Leave warnings and handling instructions. Post clear labels for rescue workers about the animals they will find.
- → Place a notice outside in a visible area advising rescue workers what pets are inside and where they are located. Provide a phone number where you or a contact can be reached and the name and number of your veterinarian.

Leaving your pets behind in a disaster may decrease their chances of survival.

Get "Animals Inside!" stickers:

Place stickers on your doors or windows that include information on the number and types of pets in your home to alert firefighters and rescue workers. Provide a phone number where you or a contact can be reached. If time permits, and it is safe to do so, remember to write "Evacuated with Pets" across the sticker if you take your pets with you.



First aid kit:

Ask your veterinarian what to include in your pet's first aid kit (e.g., bandage rolls, scissors, gauze, antibiotic ointment).

TRANSPORTATION

- ☐ Muzzle, collar and sturdy leash
- ☐ Carriers (or crates) to safely transport your pet and to ensure that he or she can't escape
- ☐ Pillowcase (to transport cats or other small animals, if needed)

Carrier tips:

- → Carriers should be large enough for your pet to stand comfortably, turn around and lie down in. Your pet may have to stay in the carrier for hours at a time.
- → On the crate, write your pet's name, your name and your contact information with a permanent marker; include a picture of your pet and any behavioral or medical issues on the carrier.
- → Pack a cotton sheet to place over the carrier to help keep your pet calm.

SANITARY ITEMS

- $\hfill\square$ Pet litter and litterboxes
- □ Newspapers
- ☐ Small garbage bags
- ☐ Paper towels
- ☐ Spray disinfectant (You can use bleach as a disinfectant. Dilute nine parts water to one part bleach.)

FOR OTHER PETS

- ☐ Birds: catch net, heavy towel, cuttlebone, blanket or sheet to cover cage, newspaper
- ☐ Small animals: salt lick, water bottle, small hide box or cardboard tube (inside cage)
- ☐ Reptiles: pillowcase, warming device (hot water bottle, heating pad, etc.), soaking dish

YOUR PET'S EMERGENCY KIT

Prepare your pet's emergency supply kit. Store the following items somewhere they can be accessed quickly and conveniently.

FOOD AND WATER

- ☐ A three-day supply for evacuating and a two-week supply for sheltering in place at home
- ☐ Manual can opener
- ☐ Bowls for food and water
- → Rotate all food into use and replace with fresh food every two months

Water tip:

<u>LEAVING YOUR PET AT HOME</u>

PET

Make sure you have plenty of water for your pet at all times. Dehydration is a serious health risk to animals.

IDENTIFICATION

- Extra collar with ID tag, harnesses and leashes for all pets, including cats (Your pet should wear a collar with his or her ID and rabies tags at all times)
- Current photos and a physical description of your pet, including species, breed, age, sex, color, distinguishing traits and any other vital information
- Photocopies of medical records, vaccination records and other important documentation in a waterproof bag or on a memory drive or in cloud-based storage

OTHER NECESSITIES

- ☐ Two-week supply of your pet's medications and a copy of current prescriptions
- ☐ Comfort items (e.g., favorite toys, bedding and treats)

PET EVACUATION

- → Practice evacuation plans to familiarize your pet with the process and increase his or her comfort level.
- → Have your pet on a leash, in a crate or in a cage. In an emergency, a cat can be safely carried inside a pillowcase.
- → If your pet will be riding in the bed of a truck, make sure to tether him or her with a safety harness or place your pet in a secured crate.
- → If your pet will be riding in the car, place him or her in the back seat and lower the window a few inches. Keep your car cool. Give your pet enough room so he or she can stretch out. To secure your dog, purchase a pet seat or dog safety belt.

BIRDS

- → Transport birds in small, secure carriers.
- → Try to minimize temperature changes. Use a spray bottle for misting in hot weather and a hot water bottle for warming in cold weather.
- → Try to minimize severe changes in noise and cover the cage with a thin cloth or sheet to provide security and filtered light.
- → Talk to your veterinarian or local pet store about special food dispensers that regulate the amount of food a bird is given.



PET SUPPL KIT

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EMERGENCY

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- → Use a spray bottle to keep your pet cool and a heating pad or battery-operated heating lamp to keep him or her warm.
- → Try to minimize changes in temperature, lighting and diet.
- → Do not mix species.

OTHER SMALL ANIMALS

- → Small pets, such as hamsters, gerbils, mice, rats and guinea pigs, can be transported using a covered carrier, cage or secure box.
- → To minimize stress, keep the carrier covered and attempt to minimize severe changes in temperature and noise.

Service animals in public shelters:

While the Americans with Disabilities Act (ADA) guarantees service animals may remain with their owners in any public accommodation (e.g., a shelter set up in response to a disaster), the ADA does not ensure other aspects of caring for service animals during disasters.

- → If you have a service animal, prepare to provide food and water for him or her during an emergency, both at home and if staying in an emergency shelter.
- → Access to veterinary care is also not guaranteed during an evacuation.



PET EVACUA TION

PET EVACUATION

- Be sure you and/or others who will be helping you evacuate are experienced with handling specific livestock as well as driving a truck and trailer with a load of animals. Practice different routes out of your area, as well as backing up your trailer.
- → Continuously practice loading your animals into trailers of all kinds and by people who they may or may not be familiar with. The stress of an emergency requiring animal evacuation will heighten tension and animals may not comply with commands.
- Have an evacuation plan and evacuate your animals whenever it is safe to do so. If you have numerous animals to evacuate, you may need assistance from others who own trailers. During a Pre-Evacuation Notification, others with trailers may respond to help you if they provide a specific address within the evacuation perimeter. A best practice is having a notarized Memo of Understanding (MOU) that lists trusted people to help you evacuate your noncommercial backyard livestock (whether you are home or not). The MOU should include all parties' names, contact information, your name and address.
- Spontaneous volunteers with large animal trailers are a danger to responding fire and law enforcement and inhibit egress for citizens - if you don't have a specific address you are helping to evacuate, you will not be permitted in the area.
- → Arrange for a place not located nearby where you can take your noncommercial backyard livestock (e.g., a trusted friend, a family member). Do this well in advance of an incident so you can practice evacuating your animals to



NONCOMMERCIAL BACKYARD LIVESTOCK

If you have large animals such as horses, goats, llamas, alpacas, etc., on your property, it is imperative you prepare to evacuate them well before a disaster occurs.

- Make sure each animal has a form of identification such as a halter or collar with its name and your contact information. Consider having your animals micro-chipped.
- → Douglas County uses CodeRED for emergency notification - sign up at www.douglascountycodered.com. If you have noncommercial backyard livestock, evacuate your animals under Pre-evacuation Notification. Animals, especially livestock, can take a considerable amount of time to load up and transport out of the evacuation zone. Once a Mandatory Evacuation has been implemented, you will not be allowed to return to your property for any reason. A Mandatory Evacuation may or may not be preceded by a Pre-evacuation Notification.
- → Make sure the vehicles and trailers needed for transporting are well maintained, fueled, located onsite and convenient to your animal's location.
- → Ensure you have the right trailer for each type of animal that will be transported.



- County-operated emergency shelters will be activated as soon as possible. Use of the county-operated shelter should be a last resort as they can fill up quickly and may not be immediately available.
- Monitor TV, radio and social media (Twitter @dcsheriff) for timely incident information and updates regarding available shelters, evacuation, etc.
- If you cannot get your large animals loaded into a trailer, you must decide whether to walk/ride them out (time permitting) or release them and evacuate without them. If you choose to release your animals, mark them with your phone number (shoe polish works well) and be sure to close barn and stable doors to prevent animals from running back inside.
- If time allows, leave a sign on the front door to your home for first responders - "Evacuated with Pets." Be sure to include your name and contact information.
- Compile a current list of all of your animals. Be sure to include species, animal names and current pictures.
- Continually review your emergency response plans, update your information as it changes and consistently practice evacuation tactics. You will be much more efficient and confident in your abilities during an emergency if you are prepared ahead of time.
- ** If you are not home during an emergency and need help evacuating your animals, please call 303-660-7500.**



LARGE ANIMALS

LARGE ANIMALS

THUNDERSTORMS & LIGHTNING

PREPARE AN EMERGENCY KIT FOR EACH LARGE ANIMAL

- □ Proof of ownership (brand inspection and/or inspection papers, bill of sale)
 □ Medications
- $\hfill\square$ Handling equipment for each type of animal
- ☐ Feed, water buckets, etc.
- $\ \square$ Tools and supplies for sanitation

COLORADO IS A BRAND INSPECTION STATE

Colorado State law and regulations require that certain types of livestock (cattle, calves, horses, mules, donkeys, burros and, when requested, sheep), whether or not they are branded, be inspected before:

- → Any change of ownership (by gift or sale).
- → Transport over 75 miles within the State of Colorado or to a destination outside Colorado (regardless of the distance).
- → Transport to sale.
- → Transport to slaughter.

Large animals and noncommercial backyard livestock brought to a county-operated emergency shelter will not be released without proof of ownership. For more information, visit www.colorado.gov/agbrands or call the main office of the Colorado Department of Agriculture at 303-869-9000.

County-operated emergency animal shelters cannot accommodate animals from equine boarding facilities. Call 303-660-7589 for more information and recommendations for developing a continuity plan that includes safely evacuating your client's horse(s).

LARGE ANIMALS

LARGE ANIMALS

DANGER ZONES

- → Douglas County has an average of 11,000 cloud-to-ground lightning strikes annually. The Rocky Mountain Region is second to the Gulf Coast in lightning strikes nationwide.
- → Colorado ranks 4th for the number of lightning deaths between 1959 and 2017, at 148.

KNOW THE TERMS

Severe Thunderstorm Watch: Issued when conditions are favorable for the formation of severe thunderstorms.

Severe Thunderstorm Warning: Issued when a severe thunderstorm has been sighted or indicated by weather radar.

WARNING AND DANGER SIGNS

Look for darkening skies, flashes of light, the sound of thunder or increasing wind.

ACTIONS TO CONSIDER BEFORE A THUNDERSTORM

- Assemble a disaster supply kit and make a family communication plan.
- → Secure outdoor objects, such as lawn furniture, and take light objects inside to avoid loss or damage.
- → Remove dead or rotting trees and branches around your home that could fall and cause injury or damage.
- → Secure windows and doors, and unplug electronic equipment before the storm arrives.

ACTIONS TO CONSIDER DURING A THUNDERSTORM

If indoors:

- → Do not handle any electrical equipment such as corded telephones or TVs, because lightning could follow the wire.
- → Avoid bathtubs, water faucets and sinks because metal pipes can transmit electricity.
- → Turn off air conditioners.
- → Stay away from windows and doors, and stay off porches.

THUNDERSTORMS & LIGHTNING

WHAT IS A THUNDERSTORM?

A thunderstorm is formed from a combination of moisture, rapidly rising warm air and a force capable of lifting air, such as a warm or cold front, a sea breeze or a mountain.



THUNDERSTORM FACTS

- → A thunderstorm is classified as severe if it produces hail at least ¾ of an inch in diameter, has winds of 58 mph or higher, or produces a tornado.
- → All thunderstorms contain lightning. The rapid heating and cooling of air near the lightning causes thunder.

WHAT IS LIGHTNING?

- → Lightning is an electrical discharge that results from the buildup of positive and negative charges within a thunderstorm. When the buildup becomes strong enough, lightning appears as a bolt.
- → If you can hear thunder, you are close enough to the storm to be struck by lightning.

LIGHTNING FACTS

- → A bolt of lightning reaches a temperature approaching 50,000°F in a split second.
- → Remember the 30/30 lightning safety rule: Go indoors if, after seeing lightning, you cannot count to 30 before hearing thunder. Stay indoors for at least 30 minutes after hearing the last clap of thunder.
- → Your chances of being struck by lightning are estimated to be 1 in 600,000.

If outdoors:

- → If you are boating or swimming, get to land and find shelter in a building or car or get to an open space and squat on the ground.
- → If you are in the woods, find a low clump of trees never stand beneath a single large tree in the open.
- → Avoid tall structures, such as towers, fences, telephone lines or power lines.
- → Avoid golf clubs, tractors, fishing rods, bicycles, etc.
- → If you feel your hair stand on end (which may indicate that lightning is about to strike you), squat on the ground with your hands over your ears and your head between your knees

If in a vehicle:

→ Pull onto the shoulder of the road away from trees, turn on your emergency flashers and stay in your vehicle.

STRUCK BY LIGHTNING

If lightning strikes you or someone you know, call **911** for medical help as soon as possible. If the victim has stopped breathing or if his or her heart has stopped, administer CPR.

ACTIONS TO CONSIDER AFTER A THUNDERSTORM

- → Call 911 to report life-threatening emergencies only.
- → Help people who may need special assistance.
- → Only drive as necessary.
- → Stay away from downed power lines and report them to 911.





WINTER STORMS & EXTREME COLD

WHAT IS A WINTER STORM?

A winter storm is a combination of heavy snow, blowing snow and/ or dangerous wind chills. A winter storm is life-threatening.

WINTER STORM FACTS

- → All winter storms are accompanied by low temperatures and blowing snow, which can severely reduce visibility.
- → A winter storm can range from moderate snow over a few hours to blizzard conditions with blinding wind-driven snow that can last several days.
- → Most deaths related to winter storms occur in traffic accidents on icy roads.
- → Elderly people freeze to death in their homes after being exposed to dangerously cold indoor temperatures, or can be asphyxiated (i.e., suffocated) because of improper use of fuels, such as charcoal briquettes, that produce carbon monoxide (CO).
- → A bag of kitty litter (non-clumping) can be used on walkways to prevent slipping, and it provides traction to vehicles stuck in ice and snow.

DANGER ZONES

- → Douglas County can experience sudden and extreme weather including severe changes in temperature, heavy precipitation and high winds during any season.
- → Personal preparedness begins with getting the weather forecast for the day of your outdoor or travel plans.



FROSTBITE AND HYPOTHERMIA

- → Frostbite is a loss of feeling and a white or pale appearance in extremities, such as fingers, toes, tip of the nose and earlobes.
- → Hypothermia is a condition brought on when the body temperature drops to less than 90°F. Symptoms of hypothermia include uncontrollable shivering, slow speech, memory lapses, frequent stumbling, drowsiness and exhaustion.
- → If frostbite or hypothermia is suspected, begin warming the person slowly and seek immediate medical help. Warm the person's trunk first. Use your own body heat to help. Arms and legs should be warmed last because stimulation of the limbs can drive cold blood toward the heart and lead to heart failure. Put the victim in dry clothing and wrap his or her entire body in a blanket.
- → Never give a frostbite or hypothermia victim caffeine (coffee or tea) or alcohol. Caffeine, a stimulant, can cause the heart to beat faster and speed up the effects cold has on the body. Alcohol, a depressant, can slow the heart and also speed up the ill effects of cold body temperatures.



KNOW THE TERMS

Winter Storm Watch: Indicates that severe winter weather may affect your area.

Winter Storm Warning: Indicates that a winter storm is occurring, or will occur, in your area.

Freezing Rain: Rain that freezes when it hits the ground, creating a coating of ice on roads, walkways, trees and power lines.

Sleet: Rain that turns to ice pellets before reaching the ground. Sleet also causes moisture on roads to freeze and become slippery.

Wind Chill: Calculation of how cold it feels outside when the effects of temperature and wind speed are combined.

Blizzard Warning: Sustained winds or frequent gusts to 35 mph or greater and considerable amounts of falling or blowing snow are expected for a period of three hours or longer.

Frost/Freeze Warning: Below-freezing temperatures are expected.

Heavy Snowfall: Snow accumulation of four inches in a 12-hour period or six inches in a 24-hour period (depending on location).

Ice Storm: An ice storm is an occasion when damaging accumulations of ice are expected during freezing rain situations. Significant ice accumulations are ½ inch or more.



ACTIONS TO CONSIDER BEFORE A WINTER STORM

- → Assemble a disaster supply kit and make a family communication plan.
- → Winterize your emergency kit. Include rock salt, sand, kitty litter, snow shovels, heating fuel (e.g., wood for your fireplace or wood-burning stove), extra clothes and blankets.
- → Insulate the walls and attic.
- → Caulk and weather-strip the doors and windows.
- → Install storm windows or cover windows with plastic from the inside.
- → Keep pipes from freezing: wrap pipes in insulation or layers of old newspapers; cover the newspapers with plastic to keep out moisture; let faucets drip a little to avoid freezing; and know how to shut off water valves.
- → If you plan to leave your residence for an extended period of time, do not turn off the heat. Open cabinets under sinks to keep water pipes from freezing. Consider turning off water, if appropriate.
- → Acquire safe emergency heating equipment.
- → Install and check smoke alarms and CO detectors, and keep fire extinguishers on hand and know how to use them.

WINTER DRIVING

- → Keep an emergency kit in your vehicle.
- → Keep an ice scraper and small broom for ice and snow removal.
- → Install winter tires and snow chains as necessary.
- → Maintain a full tank of gas during the winter season.
- → Interstate and state highway travel, road conditions and roadwork information is available at: www.cotrip.org Sign up for text or email alerts or download the CDOT Mobile app.
- → Local travel conditions are broadcast on local TV stations and News Radio 850 KOA.

ACTIONS TO CONSIDER DURING A WINTER STORM

If indoors:

- → Stay indoors and dress warmly.
- → Conserve fuel. Lower the thermostat to 65°F during the day and 55°F at night. Close off unused rooms.
- → Open cabinets under sinks to prevent pipes from freezing.
- → If the pipes freeze, remove any insulation or layers of newspapers and wrap pipes in rags. Completely open all faucets and pour hot water over the pipes, starting where they were most exposed to the cold (or where the cold was most likely to penetrate).
- → Monitor local media for the latest updates.
- → Stay dry and warm.

If outdoors:

- → Dress warmly, wearing loose-fitting, layered, lightweight clothing, and try to stay dry. Wet clothing loses its insulating value quickly.
- → Before shovelling snow, stretch to warm up your body. Use caution, take breaks, push snow instead of lifting it when possible and lift lighter loads.
- → Avoid overexertion; cold weather puts an added strain on the heart. Exercise you are unaccustomed to, such as shoveling snow or pushing a car, can cause a heart attack or make other medical conditions worse.
- → Cover your mouth to protect your lungs from extremely
- → Watch for symptoms of frostbite or hypothermia.



FLOODS

WHAT IS A FLOOD?

A flood is an overflow or deluge of water that causes or threatens loss of life and property and damages the environment.

- → Floods can be local, affecting a neighborhood or community, or very large, affecting entire river basins and multiple states.
- Overland flooding occurs when water volume exceeds a defined river or stream but can still be destructive.
- → Flooding can also occur when a dam breaks, producing effects similar to flash floods.
- → Flash floods often have a dangerous wall of roaring water, 10 to 20 feet high, that can carry rocks, mud and other debris, and sweep away most things in its path.
- → Two feet of rushing water can carry away most vehicles. including sport utility vehicles (SUVs) and pickups.
- → Winter snowpack and rapid spring warm-up temperatures, and rain-on-snow weather events are common causes of flooding.

DANGER ZONES

- → Floods and flash floods can happen in Douglas County during the spring, summer and fall. Flooding is generally associated with the seasonal monsoonal weather phenomena that occurs in Colorado during summer months, but can occur any time there are high levels of precipitation, run-off and rapid snow melt.
- → Be aware of flood hazards no matter where you live, but especially if you live in a low-lying area, near water or downstream from a dam.
- Residents should not rely solely on flood maps published by FEMA when making decisions to evacuate. Other factors are more important during an active incident that can't be determined by a static flood map (e.g., reverse 911 instructions, your own judgment). If you feel unsafe, evacuate.
- → For information on flood insurance, visit: www.floodsmart.gov

If in a vehicle:

- → Stay in your vehicle. Do not leave the vehicle to search for help unless you can see a nearby building where you know you can take shelter.
- If you are in a remote area, stomp large block letters in an open area spelling out HELP or SOS and line it with rocks or tree limbs to attract the attention of rescue personnel who may be searching the area by air.
- Occasionally run the engine (for about 10 minutes each hour) to keep warm. Beware of CO poisoning. Keep the exhaust pipe clear of snow, and slightly open a downwind window for ventilation.
- → Turn on the dome light at night so you can be seen.
- → Do minor exercises to keep up circulation. Clap your hands and move your arms and legs occasionally. Try not to stay in one position for too long.
- → Huddle together for warmth if you are traveling with others. Use newspapers, maps and even the removable car mats for added warmth.

ACTIONS TO CONSIDER AFTER A WINTER STORM

- → Notify friends or family of your condition.
- → Use the phone sparingly.
- → Monitor local media for the latest information.
- → Help people who may need special assistance (e.g, the elderly and people with access and functional needs).
- → Use the American Red Cross Safe and Well website at: https://safeandwell.communityos.org/cms



KNOW THE TERMS

FLOODS

FLOODS

Flood Watch: Flooding is possible.

Flash Flood Watch: Flash flooding is possible. Be prepared to move to higher ground.

Flood Warning: Flooding is occurring or will occur soon; if advised to evacuate, do so immediately.

Flash Flood Warning: A flash flood is occurring; seek higher ground immediately.

ACTIONS TO CONSIDER BEFORE A FLOOD

- → Assemble a disaster supply kit and make a family communication plan.
- → Avoid building in a flood-prone area unless you elevate and reinforce your home. Elevate the furnace, water heater and electric panel 12 inches above projected flood levels.
- → Install "check valves" in sewer traps to prevent floodwater from backing up into the drains of your home.
- → Construct barriers (e.g., levees, berms, floodwalls) to stop floodwater from entering the building.
- → Seal walls in basements with waterproofing compounds to avoid seepage.

ACTIONS TO CONSIDER DURING A FLOOD

→ If there is any possibility of a flash flood, move immediately to higher ground. Do not wait for instructions to move.



IF YOU ARE DIRECTED TO EVACUATE

- → Secure your home. If you have time, bring in outdoor furniture. Move essential items to an upper floor.
- → Turn off utilities if you are instructed to do so.
- → Disconnect electrical appliances. Do not touch electrical equipment if you are wet or standing in water.
- → Do not walk through moving water. Six inches of moving water can make you fall. If you must, walk where it is not moving and use a stick to check the firmness of the ground in front of you.
- → Do not drive into flooded areas. If floodwaters rise around your car, abandon the car and move to higher ground if you can do so safely.

ACTIONS TO CONSIDER AFTER A FLOOD

- → Listen for news reports to learn whether your community's water supply is safe to drink.
- → Avoid floodwaters; water may be contaminated by oil, gasoline or raw sewage. Water may also be electrically charged from underground or downed power lines.
- → Be aware of areas where floodwaters have receded. Roads may have weakened and could collapse.
- → Return home only when authorities indicate that it is safe to do so.
- → Use extreme caution when entering buildings; there may be hidden damage, particularly in foundations.
- → Damaged sewage systems are serious health hazards. Service damaged septic tanks, etc., as soon as possible.
- → Clean and disinfect everything that got wet. Mud left from floodwater can contain sewage and chemicals.



DANGER ZONES

Although all U.S. states can experience tornadoes, Alabama, Arkansas, Florida, Georgia, Illinois, Indiana, Iowa, Kansas, Louisiana, Mississippi, Missouri, Nebraska, Oklahoma, South Dakota and Texas have the greatest risk.

KNOW THE TERMS

Tornado Watch: Issued when conditions are favorable for the formation of tornadoes.

Tornado Warning: Issued when a tornado has been sighted or indicated by weather radar.

WARNING AND DANGER SIGNS

- → An approaching cloud of debris can mark the location of a tornado, even if a funnel is not visible.
- → Before a tornado hits, the wind may die down and the air may become very still.
- → You may hear the sound of a loud roar, similar to a freight train, or see large hail.

ACTIONS TO CONSIDER BEFORE A TORNADO

- → Assemble a disaster supply kit and make a family communication plan.
- → Monitor local media for the latest updates.
- → Pick a place where family members can gather (e.g., a basement, center hallway, bathroom or closet).
- → If you are in a high-rise building, you may not have enough time to go to the lowest floor. Find a place in a hallway near the center of the building.
- → Above all, avoid exterior walls and windows.

FLOODS

FLOODS

TORNADOES

WHAT IS A TORNADO?

A tornado is a violent windstorm characterized by a twisting, funnel-shaped cloud. It is spawned by a thunderstorm (or sometimes as a result of a hurricane) and produced when cool air overrides a layer of warm air, forcing the warm air to rise rapidly.

TORNADO FACTS

- → In Douglas County, tornadoes tend to occur east of I-25 and are generally weak in nature.
- → Tornadoes may strike quickly, with little or no warning.
- → Tornadoes can occur at anytime, but are most likely to occur between 3 p.m. and 9 p.m.



- → Tornadoes may appear nearly transparent until dust and debris are picked up or a cloud forms in the funnel.
- → Injuries or deaths most often occur as buildings collapse, when people are hit by debris and as people try to escape the storm.
- → The average forward speed of a tornado is 30 mph, but may vary from stationary to 70 mph.
- → When a tornado is over water, it is called a waterspout.
- → Mobile homes are particularly vulnerable to damage during a tornado. A mobile home can overturn easily even if it is tied down. When a tornado watch is issued, take shelter in a building with a strong foundation.
- → Tornadoes generally occur near the trailing edge of a thunderstorm. It is not uncommon to see clear, sunlit skieş behind a tornado.

ACTIONS TO CONSIDER DURING A TORNADO

If at home:

- → Go at once to a windowless interior room, storm cellar, basement or the lowest level of the building.
- → Get under a piece of sturdy furniture and use your arms to protect your head and neck.
- → Get out and find shelter elsewhere if you are in a mobile home.

If at work:

- → Go to the basement or to an inside hallway at the lowest level.
- → Avoid places with wide-span roofs, such as auditoriums, cafeterias or large hallways.
- → Get under a piece of sturdy furniture and use your arms to protect your head and neck.

If outdoors:

- → Get inside a building or shelter, if possible.
- → If shelter is not available or there is no time to get indoors, move away from trees and cars, lie flat in a ditch or low-lying area and use your arms to protect your head and neck.

If in a vehicle

- → Never try to outrun a tornado in urban or congested areas. Get out of the car and take shelter in a nearby building.
- → If there is no time to get indoors, pull over and park your car (never under a bridge or overpass). Keep your seat belt fastened, put your head below the windows and cover it with your arms and a blanket, coat or other cushion, if possible.

ACTIONS TO CONSIDER AFTER A TORNADO

- → Check for injuries and provide first aid and CPR, if you are trained
- → Watch out for broken glass and fallen power lines, and do not enter damaged areas until you are told it is safe to do so.
- → Use battery-powered lanterns or flashlights instead of candles or an open flame; combustibles may be present.
- → Use caution when entering a damaged building.

WILDFIRES

WILDFIRE FACTS

- → Wildfires start small and can grow rapidly given the right combination of weather and fuel.
- → There are three different classes of wildfires. A surface fire is the most common type and burns along the floor of a forest, moving slowly and killing or damaging trees. A ground fire is usually started by lightning and burns on or below the forest floor. Crown fires spread rapidly by wind and move quickly by jumping along the tops of trees.
- → More than four out of every five forest fires are started by people. Negligent human behavior, such as smoking in forested areas or improperly extinguishing campfires, is the cause of many fires. The other cause of forest fires is lightning.

COMMUNITY WILDFIRE PROTECTION PLAN

The Douglas County Community Wildfire Protection Plan (CWPP) is the result of a broadscale countywide collaborative planning effort that identifies strategies for the protection of life, property and critical infrastructure in the Wildland Urban Interface.

Developed under the guidance of the core team, the Douglas County CWPP identifies mitigation, prevention and preparedness strategies to benefit Douglas County citizens. The document is organized to best assist the residents of Douglas County in their mitigation efforts and development of local-level CWPPs. The entire document and appendices can be viewed at: www.douglas.co.us/ land/wildfire-mitigation/community-wildfire-protection-plan



ACTIONS TO CONSIDER DURING A WILDFIRE

- → If time allows, close windows, vents, doors and blinds or noncombustible window coverings. Shut off the gas at the meter or turn off the propane at the tank. Open the fireplace damper and close the fireplace screen. Bring any patio furniture inside.
- → If you are concerned about a wildfire in your area, leave and go to a safe place out of the area. Do not wait to be told by local officials to evacuate. Tune in to local radio and television sources for more information.
- → Back your car into the garage or park it in an open space facing the direction of escape. Shut the doors and windows. Leave the key in the ignition. Close the garage windows and doors, but leave them unlocked.
- → If power is lost, automatic garage door openers will not function. To manually open the garage door, pull on the red emergency cord and lift the door by hand.
- → Make plans to care for your pets. If you must evacuate, take your animals with you.
- → If you are trapped in a wildfire, stay calm. Do not drive a vehicle through the fire; the heat and smoke will disorient you and may cause you to crash. Stay indoors, away from flammable materials, moving side to side to find the coolest area. Keep your body, including your head, neck and hands, covered with natural materials such as cotton or wool, and drink plenty of water.

ACTIONS TO CONSIDER AFTER A WILDFIRE

- → Follow the directions from the Sheriff before reentering a burned area and be careful.
- → Beware of falling trees. The fire may have burned out roots or weakened trunks and trees may fall at any time without warning.
- → Check the roof immediately and extinguish any sparks or embers. Check the attic for hidden burning sparks.
- → Continue checking areas in and around the home for smoke and sparks several hours after the fire is extinguished.

ACTIONS TO CONSIDER BEFORE A WILDFIRE

Protect your home:

WILD-FIRES

WILDFIRES

WILD-FIRES

- → Assemble a disaster supply kit and make a family communication plan.
- → Replace attic and soffit vents with smaller opening screens to keep burning embers from entering the home. Consider enclosing or screening areas below decks to keep burning embers from these areas.
- Keep household items on hand that can be used as fire tools: rake, axe, hand or chain saw, bucket and shovel.
- Wooden roofing is the number-one cause of home loss during an ember shower from a wildfire. Douglas County requires all new construction roofs be made of fire-resistant materials. Consider replacing wooden shingle roofs.
- Create a defensible space zone that extends at least 120 feet around your home. Remove as many trees and shrubs as possible within 30 feet of the house. In the rest of the zone, thin trees so that there is a 10 foot gap from tree branch to tree branch. On steep slopes, increase the size of the defensible space zone.
- → Annually, mow grass within 30 feet of the house and prune all dead branches from trees in the defensible space zone.
- → Regularly clean your roof, gutters and chimney.
- → Ask the power company to clear branches from power
- → Stack firewood at least 100 feet away and uphill from your home.
- → Contact the fire district serving your area and have them conduct a defensible space survey of your property. Find fire district contact information on the last page of this guide.



TERRORISM

WHAT IS TERRORISM?

Terrorism is the use of force or violence against people or property in violation of the criminal laws of the U.S. for purposes of intimidation, coercion or ransom.

TERRORISM FACTS

- → Terrorists often use threats to create fear among the public, to convince citizens that their government is unable to protect them and to get immediate publicity for their causes.
- → High-risk targets for acts of terrorism include military and civilian government facilities, international airports, large cities and high-profile landmarks. Terrorists might also target large public gatherings, water and food supplies, utilities and corporate centers.
- Acts of terrorism include: threats of terrorism; assassinations; kidnappings; hijackings; bomb scares and bombings; cyberattacks (computer-based); and the use of chemical, biological, radiological and nuclear weapons.

CHEMICAL THREATS

- → Chemical agents are poisonous vapors, aerosols, liquids and solids that have toxic effects on people, animals or plants.
- → They can be released by bombs or sprayed from aircraft, boats and vehicles. They can be used as a liquid to create a hazard to people and the environment.
- → Some chemical agents may be odorless and tasteless.
- → They can have an immediate effect (a few seconds to a few minutes) or a delayed effect (2-48 hours).



- → The three basic groups of biological agents that would likely be used as weapons are bacteria, viruses and toxins.
- → Biological agents can be dispersed by spraying them into the air, by infecting animals that carry the disease to humans and by contaminating food and water.

RADIOLOGICAL DISPERSION DEVICE

- → Terrorist use of a radiological dispersion device (RDD) (often called "dirty nuke" or "dirty bomb") is considered far more likely than the use of a nuclear explosive device. An RDD combines a conventional explosive device (such as a bomb) with radioactive material. It is designed to scatter dangerous and sublethal amounts of radioactive material over a general area.
- → Depending on how fast the area of the RDD detonation was evacuated or how successful people were at sheltering in place, the number of deaths and injuries from an RDD might not be substantially greater than from a conventional bomb explosion.

NUCLEAR BLASTS

A nuclear blast is an explosion with intense light and heat, a damaging pressure wave and widespread radioactive material that can contaminate the air, water and ground surfaces for miles around. A nuclear device can range from a weapon carried by an intercontinental missile to a small, portable nuclear device transported by an individual.



THE NATIONAL TERRORISM ADVISORY SYSTEM

The National Terrorism Advisory System (NTAS) provides timely, detailed information on terrorist threats to the public, government agencies, first responders, transportation facilities and the private sector.

NTAS Alerts

When a potential or actual threat is received, the Department of Homeland Security (DHS) will issue an NTAS Alert that advises what action to take in response.

NTAS Alerts contain an expiration date. If threat information changes for an alert, the NTAS Alert may be updated.

Imminent Threat Alert

Warns of a credible, specific and impending terrorist threat against the U.S.

Elevated Threat Alert

Warns of a credible terrorist threat against the U.S.

Sunset Provision

TERROR ISM

An individual threat alert is issued for a specific time period and then automatically expires. It may be extended if new information becomes available or the threat evolves.

Alert Announcements

Alerts will be issued through:

The DHS NTAS website - www.dhs.gov/alerts

Emails - sign up at: www.dhs.gov/alerts

Facebook - www.facebook.com/NTASAlerts

Twitter - https://twitter.com/NTASAlerts

Local travel conditions are broadcast on local TV stations and News Radio 850 KOA. Information about road conditions and closures can be found at: www.cotrip.org

ROSS POLICE LINE DO NOT CROSS POLICE LINE DO NO

ACTIONS TO CONSIDER BEFORE A TERRORIST EVENT

- → Learn about the nature of the terrorism.
- → Be aware of your surroundings.
- → Take precautions when traveling.
- → Leave an area if you feel uncomfortable or if something does not seem right.
- → Assemble a disaster supply kit and make a family communication plan.
- → Create an evacuation plan for your family and have a backup route in mind.

ACTIONS TO CONSIDER DURING A TERRORIST EVENT

- → Take cover immediately.
- → Stay low to the floor or ground.
- → Monitor local media for updates.
- → Evacuate immediately if you are directed to do so.

ACTIONS TO CONSIDER AFTER A TERRORIST EVENT

- Stay away from the event area; there may be secondary devices.
- Check for injured and trapped people near the event area and provide first aid and CPR, if you are trained.
- → Monitor local media for the latest emergency information.
- Check the foundation, chimney and surrounding land for damage. Be especially careful of downed power lines and gas lines that have ruptured.
- → Notify friends or family of your condition.
- → Use the phone sparingly.

ACTIVE SHOOTER SITUATION

Active shooter situations can happen anywhere and without warning. They are unpredictable and evolve quickly. The random nature of active shootings means that threats cannot be predicted, only responded to. This leaves government, public and private institutions vulnerable to serious or violent crime.

To stop the shooting and lessen the amount of harm requires the immediate action and rapid deployment of law enforcement to contain the situation. However, active shooter situations are often over within 10 to 15 minutes, before law enforcement arrives on the scene.

It is vital that people be instructed on how to respond during violent criminal attacks so they can be prepared both mentally and physically to deal with an active shooter situation.

This section provides direction for people who may be caught in an active shooter situation.





ERRORISN

ACTIVE SHOOTER

ACTIVE SHOOTER PROFILE

An active shooter is a person actively engaged in killing or attempting to kill people in a confined and populated area. In most cases, active shooters use firearms. An evolving trend using improvised explosive devices (IEDs) targeting victims and first responders has recently been seen in active shooter incidents. There is no pattern or method to their selection of victims. Their main objective is mass killing and injury.

Active shooters generally begin shooting at a number of people without warning. The motives for their behavior range from rage or vengeance to mental dysfunction.

Each active shooter situation is unique, but the shooter' actions are usually similar. Active shooters:

- → Often go to locations where potential victims are close at hand, such as schools, shopping malls and workplaces. They are usually familiar with the location.
- → Assault people with whom they come into contact quickly engaging multiple targets.
- May have a planned attack and may be prepared for confrontation with law enforcement.
- → Typically continue their attack despite the arrival of emergency responders.
- → May be suicidal, deciding to die in the course of their actions. Escape is usually not a priority.



Your hiding place should:

- → Be out of the active shooter's view.
- → Provide protection if shots are fired in your direction (e.g., an office or room with a locked door).
- → Not trap you or restrict your movement.

To prevent an active shooter from entering your hiding place:

- → Lock the door.
- → Block the door with heavy furniture.

If the active shooter is nearby:

- → Lock the door.
- → Silence your cell phone or pager.
- → Turn off any source of noise (e.g., radios, televisions).
- → Hide behind large items (e.g., cabinets, desks).
- → Remain quiet.

If evacuation and hiding are impossible:

- → Remain calm.
- → Dial 911, if possible, to alert the police to the active shooter's location.
- → If you cannot speak, leave the line open and allow the dispatcher to listen.

3. TAKE ACTION AGAINST THE ACTIVE SHOOTER

As a last resort, and **only** when your life is in imminent danger, try to disrupt or incapacitate the active shooter by:

- → Acting as aggressively as possible against him or her.
- → Throwing items and improvising weapons (e.g., scissors, fire extinguisher).
- → Yelling.

ACTIVE SHOOTER RESPONSE

How you respond to an active shooter will be dictated by the specific circumstances of the encounter. If you find yourself involved in an active shooter situation, try to remain calm and use these guidelines to help you plan a strategy for survival.



Quickly determine the most rea-

sonable way to protect your life. Remember that customers, clients and students are likely to follow the lead of employees, managers and faculty/teaching personnel during an active shooter situation.

1. EVACUATE

ACTIVE SHOOTER

ACTIVE SHOOTER If there is an accessible escape path, try to evacuate the premises. Be sure to:

- → Have an escape route and plan in mind.
- → Evacuate regardless of whether others agree to follow.
- → Leave your belongings behind.
- → Help others escape, if possible.
- → Prevent people from entering areas where the active shooter may be.
- → Follow the instructions of any police officer.
- → Keep your hands visible.
- → Do not move wounded people.
- → Call 911 once you are safe.

2. HIDE OUT

If evacuation is impossible, find a place to hide where the active shooter is less likely to find you. The safest place for you to be is inside a secure room.

PUBLIC HEALTH EMERGENCY

Use these tips to stop the spread of germs and sickness.

Avoid close contact.

- → Try to stay at least six feet away from people who are sick.
- → If you are sick, stay home, and stay at least six feet away from family members, if possible.

Stay home when you are sick.

- → Stay home from school, work and running errands when you are sick
- → Seek medical attention if you have chest pains, shortness of breath or other severe symptoms.

Cover your mouth and nose.

- → Cough or sneeze into your elbow, not your hands.
- → If you have a tissue, cough or sneeze into the tissue. Immediately throw away the tissue and wash your hands.

Clean your hands.

- → Wash your hands often, especially after coughing, sneezing or being a public place.
- → Wash your hands for at least 20 seconds with soap and water. Thoroughly scrub your palms, wrists, fingernails, in between fingers, and backs of hands.
- → If you cannot wash your hands, use an alcohol-based hand sanitizer.

Avoid touching your eyes, nose or mouth.

→ Your eyes, nose and mouth are places where germs can enter your body easily, especially if you touch them after touching something dirty.

Practice other good health habits.

→ Get plenty of sleep, be physically active, manage your stress eat nutritious foods, and drink plenty of water.

ACTIVE SHOOTER

ACTIVE SHOOTER

PUBLIC HEALTH EMERGENCY

PANDEMIC FLU

CHALLENGES AND PREPARATION	5
Challenges	Preparation
Business may be interrupted at your place of employment.	 □ Discuss flexibility in policies with your employer, such as staggering shifts, working from home, and how much leave you can take if you or a family member becomes ill. □ Plan for loss of income if you are unable to work or your company temporarily closes.
Hospitals and doctors' offices may be overwhelmed.	☐ Consider keeping at least two weeks of medication for chronic diseases (e.g., heart disease, high blood pressure or diabetes) on hand at all times.
	☐ Continue taking medications as prescribed by your doctor.
	☐ Talk with your medical provider about continuing ongoing medical care (e.g., chemotherapy or dialysis) during a public health emergency.

PUBLIC HEALTH EMERGENCY

CHALLENGES AND PREPARATION

ticularly if the emergency is severe, like COVID-19. You can start to prepare now to be able to respond to these challenges. Use this as a checklist to help you gather the information and resources you may need. The following are some challenges you and your family may face, and recommendations to help you cope. As you and your family plan for a public health emergency, think about the challenges you might face, par-

Challenges	Preparation
Widespread illness may result in the shutdown of local banks and ATMs.	☐ Keep cash on hand for easy use.
Stores may close or have limited supplies. You may also become ill and be unable to go to the store.	☐ Keep a 3-14-day supply of nonperishable food and fresh water for emergencies. Flip to the "Stockpile Checklist" tab.
Public transportation services may be disrupted. Fuel shortages may make travel difficult.	☐ Plan to take fewer trips and store essential supplies. Flip to the "Stockpile Checklist" tab.
Public gatherings, such as worship services, may be cancelled.	☐ Prepare contact and email distribution lists to convey necessary information.

A pandemic is a global disease outbreak. The most likely cause of a pandemic is a novel respiratory virus, like COVID-19 or the flu. viruses. Novel viruses can cause severe illness and spread easily from person to person worldwide

OW IS PANDEMIC FLU DIFFERENT FROM SEASONAL FLU?	
Seasonal flu	Pandemic flu
→ Outbreaks occur every year, usually in winter.	→ Occurs rarely.
→ Usually, a person has some immunity against flu.	→ A person has not been exposed to the virus before, so there is very little immunity.
→ The very young, the elderly and those with certain health conditions are at an increased risk for serious complications.	→ The risk for severe illness is unknown for all people.
→ Doctors and hospitals can meet patients' needs and have plenty of staff.	→ Hospitals may be overcrowded.
→ A vaccine is available every year.	→ A vaccine is usually not available in the early stages of a pandemic.
→ Effective treatments for seasonal flu are available.	→ Medical providers do not know the most effective treatment for novel viruses in the early stages of a pandemic.

PANDEMIC FLU

WHAT IS PANDEMIC FLU?

Novel viruses are different from seasonal viruses, like colds or seasonal influenza, because our bodies don't have immunity to new

from person to person worldwide.		
HOW IS PANDEMIC FLU DIFFERENT FROM SEASONAL FLU?		
Seasonal flu	Pandemic flu	
→ Outbreaks occur every year, usually in winter.	→ Occurs rarely.	
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→ Effective treatments for seasonal flu are available.	→ Medical providers do not know the most effective treatment for novel viruses in the early stages	

CHALLENGES AND PREPARATION

PUBLIC HEALTH EMERGENCY

Challenges

Preparation

(e.g., sporting events, music activities and school meals).

Other school-related activities and services could also be disrupted

child care programs and of infection in the close to limit the spread to remote learning or facilities may switch higher-level education Schools, preschools,

community.

Plan now for children staying at home or attending school remotely for Talk to teachers, administrators and parent-teacher organizations long periods of time. about your school's pandemic preparedness plan.

☐ Plan entertainment and recreational activities that can be done at home. Have materials (e.g., books, craft supplies and games) on hand



→ Supplies of antibiotics for secondary bacterial infections are usually available.	→ Effective antibiotics for secondary bacterial infections may be in limited supply.
→ Average U.S. deaths can range from 3,000 to 49,000 per year.	→ Number of deaths could be high. The highest number of known deaths from pandemic flu occurred in 1918-19 with the Spanish flu: More than 500,000 people died in the U.S. Between March 2020 and February 2022, almost 900,000 people infected with COVID-19 died.
→ Symptoms: fever, cough, runny nose, muscle pain. Death is often caused by complications, such as pneumonia.	→ Symptoms may be more severe, and complications are more frequent.
→ May have a minor impact on society.	→ May have a major impact on society (e.g., school closures, worship closures, travel restrictions and cancellation of public gatherings).
→ There is little impact on the world's economy.	→ There can be major impacts on the world's economy.

HAZARDOUS MATERIALS

WHAT ARE HAZARDOUS MATERIALS?

Hazardous materials (hazmats) are materials that are flammable, corrosive, oxidizing, explosive, toxic, poisonous, etiological, radioactive, nuclear or unduly magnetic, or any other material that, because of its quantity, properties or packaging, may endanger life or property. Hazmats also include chemical agents, biological research material and compressed gas.

HAZMAT FACTS

PANDEMIC FLU

- → Hazardous chemicals are used in industry, agriculture, medicine, research and consumer goods.
- → They are most often released as a result of transportation accidents or chemical accidents in plants.
- → Varying quantities of hazmats are manufactured, used or stored at an estimated 4.5 million facilities in the U.S.
- → As many as 500,000 products pose physical or health hazards and can be defined as hazardous chemicals.
- → Most victims of chemical accidents are injured at home.
- → Never mix household hazardous chemicals or waste with other products. Incompatible chemicals, such as chlorine bleach and ammonia, may adversely react, ignite or explode.
- → Never use hair spray, cleaning solutions, paint products or pesticides near an open flame (e.g., pilot light, lit candle, fireplace, wood-burning stove). Although you may not be able to see or smell them, vapor particles in the air could catch fire or explode.





HOUSEHOLD CHEMICAL EMERGENCY

- → Get out of the home immediately if there is any danger of fire or explosion. Do not waste time collecting items or calling the fire department when you are in danger. Once you are safe, call the fire department on your cell phone or a neighbor's phone. Stay upwind and away from the home to avoid breathing toxic fumes.
- → Call the Poison Help Line (1-800-222-1222), 911, hospital emergency room, county health department, fire department or local pharmacy for emergency advice if someone has been exposed to a household chemical. Have any containers of the substance readily available to provide requested information.
- → Take immediate action if the chemical gets into the eyes. Delaying first aid can greatly increase the likelihood of injury. Flush the eyes with clear water for at least 15 minutes, unless authorities instruct otherwise.
- → Discard clothing that may have been contaminated. Some chemicals may not wash out completely.

RECOGNIZE THE SYMPTOMS OF TOXIC POISONING

Be prepared to seek medical help if you have any of the following symptoms: difficulty breathing; irritation of the eyes, skin, throat or respiratory tract; changes in skin color; headache or blurred vision; dizziness, clumsiness or lack of coordination; cramps or diarrhea.

DANGER ZONES

A hazmat accident can occur anywhere. Communities located near chemical-manufacturing plants are particularly at risk. However, hazmats are transported on roadways, railways and waterways daily, so any area is vulnerable.



ACTIONS TO CONSIDER BEFORE A HAZMAT INCIDENT

- → Assemble your disaster supply kit and make a family communication plan.
- → Determine evacuation routes and be ready to evacuate.
- → Determine the best place in your home to shelter.
- → Keep fire extinguishers in your home and car.
- → Post emergency contact numbers (e.g., poison control, hospital emergency room, local pharmacy) by the telephone.

ACTIONS TO CONSIDER DURING A HAZMAT INCIDENT

- → Monitor local media for information and instructions.
- → Stay upstream, uphill and upwind. In general, try to stay at least one-half mile from the danger area.
- → Stop and seek shelter in a permanent building if you are in a vehicle. If you must remain in your vehicle, keep windows and vents closed and shut off the air conditioner or heater.
- → If you are advised to shelter in place:
 - · Bring pets inside.
 - Fill up sanitized tubs for an additional water supply and turn off the intake valve to the house.
 - · Close and lock all exterior doors and windows.
 - Close vents, fireplace dampers and as many interior doors as possible.
 - Turn off air conditioners and ventilation systems.
 - · Go to your preselected shelter room.
 - Seal the room by covering each window, door and vent with plastic sheeting, wet towels, duck tape, wax paper or aluminium foil. Use material to fill cracks and holes in the room, such as those around pipes.
 - If gas or vapors could have entered the building, take shallow breaths through a cloth or a towel.
 - Avoid eating or drinking any food or water that may be contaminated.

HAZMAT

- → Act quickly if you have come into contact with or have been exposed to hazardous chemicals. Follow decontamination instructions from local authorities. You may be advised to take a thorough shower or to stay away from water and follow another procedure.
- → Seek immediate medical treatment for unusual symptoms.
- → Place exposed clothing and shoes in tightly sealed containers. Do not allow contaminated items to come into contact with other materials. Call local authorities to find out how to properly dispose of items.
- → Advise everyone who comes in contact with you that you may have been exposed to a toxic substance.
- → Report any lingering vapors or other hazards to your local emergency services office.
- → If you were directed to evacuate, do not return to the area until local authorities give the all clear.
- → Monitor local media for the latest updates.

ACCIDENT VICTIMS

- → Do not try to care for victims of a hazmat accident until the substance has been identified and authorities indicate that it is safe to go near victims.
- → Once it is safe to do so, move the victims to fresh air and call for emergency medical care. Remove contaminated clothing and shoes and place them in a plastic bag.
- Clean victims that have come into contact with chemicals by immediately pouring cold water over their skin or eyes for at least 15 minutes, unless authorities instruct you not to use water on the particular chemical involved.

IMPORTANT RESOURCES

For information and non-emergencies, please use the following numbers to contact the law enforcement and fire protection districts protecting your area.

IMPORTANT NUMBERS	
Douglas County Sheriff's Office (DCSO) Dispatch	303-660-7500
Douglas County Sheriff's Office	303-660-7505
DCSO Office of Emergency Management (OEM)	303-660-7589
Castle Rock Police Department	303-663-6100
Lone Tree Police Department	303-339-8150
Parker Police Department	303-841-9800
Castle Rock Fire Rescue	303-660-1066
South Metro Fire Rescue	720-989-2000
Franktown Fire Protection District	303-688-3811
Jackson 105 Fire Protection District	303-688-1218
Larkspur Fire Protection District	303-681-3284
Mountain Communities Volunteer Fire Protection District	303-647-2361
West Douglas Fire Protection District	303-688-6055
West Metro Fire Rescue	303-989-4307

RESOURCES

HAZMAT

HOSPITALS SERVING DOUGLAS COUNTY	
Castle Rock Adventist Hospital	720-455-5000
Children's Hospital Highlands Ranch	720-478-1234
Littleton Adventist Hospital	303-730-8900
Parker Adventist Hospital	303-269-4000
Sky Ridge Hospital	720-225-1000
UCHealth Highlands Ranch Hospital	720-516-1000

OTHER HELPFUL NUMBERS	
Rocky Mountain Poison Control	1-800-222-1222
Division of Parks & Wildlife Northeast Region Office	303-291-7227
U.S. Fish & Wildlife Service	1-800-344-WILD (9453)
Douglas County Government	303-660-7400
Douglas County Public Works Operations	303-660-7480
Douglas County School District School Closures	303-387-7669
Tri-County Health Department	303-220-9200
Douglas County Public Health	720-907-4900



DISASTER PREPAREDNESS

Get started with your emergency plans for protecting yourself and your loved ones before, during and after a disaster.

- Hazard facts
- Danger zones
- Warning systems and signals
- Before, during and after actions
- Recovering from disaster

DISCLAIME

The information in this guide is derived from original Federal Emergency Management Agency (FEMA) and National Oceanic Atmospheric Administration (NOAA) material. The text is an edited and abridged version of multiple emergency preparedness publications.

This guide has been published to provide a brief overview of emergency preparedness. It is not meant to replace original FEMA or NOAA documents. Users of this guide are strongly encouraged to refer to FEMA and NOAA material for in-depth information on emergency preparedness.

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